

HKF Nytårscamp 2020

Hold 1	Hold 2	Hold 3	Rotation hold
<p> Philippa Marie Gave Filippa Andrés Averhoff Celine Vincentz Lundgren Chanelle Rosalina Friis NannaLinnéaSederholm Naja Magnussen Sigrid Solveig Krambs Summer Rosenlund Selma Wang (fra fredag) </p> <p>Rød: tilkøbt ekstra ispas</p>	<p> MariaOliviaWeilbyKnudsen Annika Glenting Marjo Juntunen-Nielsen Emma Bredahl Bjørnslev Zarah Rusid Midtgaard Emilie Rusid Midtgaard </p>	<p> Olivia Zoëga Reinhardt Jacqueline Weisberg Klein Freya Benzon Skovlund Simone Schöller Lucca BorgenTorpMadsen Emilia Due Borch Diana Tolkach Sarah Købke Lauritzen Julie Løvendahl Eefsen </p>	<p style="text-align: center;">A</p> <p> Simone Schöller Lucca Madsen Olivia Zoëga Jacqueline Weisberg Selma Wang </p> <p style="text-align: center;">B</p> <p> Emilia Due Borch Diana Tolkach Julie Løvendahl Sarah Købke </p> <p style="text-align: center;">C</p> <p> Maria Olivia Annika Glenting Marjo Nielsen Emma Bjørnslev Freya Skovlund </p>
Torsdag	Fredag	Lørdag	Søndag
<p>Is – hal 1 7.30 – 8.30 Privat 8.30 – 9.30 H2+H3</p> <p>Fysisk - multirum 9.00 – 10.00 H1 10.00 – 11.00 H2+H3</p> <p>Rotation - glassalen 10.15 – 11.15 H1 11.15 – 12.00 A 12.00 – 12.45 B 12.45 – 13.30 C</p> <p>Is - hal 2 13.15 – 14.15 H1 14.15 – 15.15 H2+H3</p> <p>15.15 – 15.30 ny is</p> <p>Is – hal 2 15.30 – 16.30 H1 16.30 – 17.30 H2+H3</p> <p>17.30 – 17.45 ny is</p> <p>Is – hal 2 15.30 – 16.30 H1 16.30 – 17.30 H2+H3</p> <p>Is – hal 2 16.30 – 17.30 H3</p>	<p>Rotation - glassalen 8.45 – 9.45 H1 9.45 – 10.45 C 12.15 – 13.00 A 13.00 – 13.45 B</p> <p>Fysisk - multirum 10.00 – 11.00 H1 11.00 – 12.00 H2+H3</p> <p>Is – hal 2 13.15 – 14.15 DC 14.15 – 15.15 H2+H3</p> <p>15.15 – 15.30 ny is</p> <p>Is – hal 2 15.30 – 16.30 H1 16.30 – 17.30 H2+H3</p> <p>17.30 – 17.45 ny is</p> <p>Is – hal 2 17.45 – 18.45 H1 18.45 – 20.00 H3</p>	<p>Rotation - glassalen 8.00 – 9.00 C 9.00 – 9.50 B 10.15 – 11.15 H1 11.15 – 12.00 A</p> <p>Fysisk - multirum 9.00 – 10.00 H1 10.00 – 11.00 H2+H3</p> <p>Is – hal 2 12.00 – 13.00 H1+H2 ekstra 13.00 – 14.00 H2+H3</p> <p>14.00 – 14.15 ny is</p> <p>Is – hal 2 14.15 – 15.15 H1 15.15 – 16.15 H2+H3</p> <p>16.15 – 16.30 ny is</p> <p>Is – hal 2 16.30 – 17.30 H1 17.30 – 18.30 H3</p>	<p>Is – hal 1 08.00 – 9.00 H1 9.00 – 10.00 H2+H3</p> <p>10.00 – 10.15 ny is</p> <p>Is – hal 1 10.15 – 11.00 H1 11.00 – 11.45 H2+H3</p> <p>Fysisk - loungen 12.00 – 13.00 H1 13.00 – 14.00 H2+H3</p> <p>Rotation - glassalen 13.15 – 14.15 H1 14.15 – 15.00 A 15.00 – 15.45 B 15.45 – 16.30 C</p>